**[Sunrise](https://scout.tveyes.com/)**

04/20/2016 07:42:01 AM

* [Sky News](https://scout.tveyes.com/) /

* [U.K. National](https://scout.tveyes.com/)

**4/20/2016 7:41:15 AM**

[Play](https://scout.tveyes.com/)

country. She is incredible, a wonderful, wonderful woman. Many people are saying why delegates the day off? It would be marvellous! Exactly, exactly. We are going to start with a health story. This is in The Guardian. Various risk factors with heart attacks. Loneliness, really raises the problem and risk of higher risk of heart attacks. You see really serious situations with loneliness and older people. There is even more reams search that shows that loneliness leads to heart attacks

**4/20/2016 7:42:15 AM**

[Play](https://scout.tveyes.com/)

and it can lead to other type of illnesses. The risk of stroke and heart disease goes up if you are more lonely. They are trying to set up these groups, which they have mentioned in that article. Socialisation groups in parts of education, people owning and doing things together. We should all take responsibility are citizens and trained help someone lonely, make their lives a little bit better. So true, time is the most precious gift you can give anyone. In a very limited way, in my rehabilitation over ten weeks, when you're at home you go a little bit crazy. In the same four walls. There are people that face that day in and day out. Not a nice thing, is it? My mother, when my father died she hated being

**4/20/2016 7:43:15 AM**

[Play](https://scout.tveyes.com/)

in a nice flat, because she was so lonely. However, she likes the high on. She says it is not a home, it is my residence.

Now we are back to the Madeline McCann story.